

WHAT GONSTEAD IS:

- HONEST CARE
- SPECIFIC CARE
- INDIVIDUAL CARE
- POSTERIOR TO ANTERIOR ADJUSTMENTS
- BASED ON RESULTS

WHAT GONSTEAD IS NOT:

- GIMMICKS & THERAPIES
- LONG-TERM MULTIPLE VISIT SCHEDULING
- EVERY PATIENT GETS SAME TREATMENT
- ROTATIONAL TWISTING OF THE NECK AND LOW BACK

Dr. C.S. Gonstead practiced and perfected his system of chiropractic in a small town in Wisconsin. His dedication to studying and caring for the human spine has allowed literally millions of people to gain and maintain health around the world. His system is taught in the major chiropractic colleges around the world, and is further studied by hundreds of chiropractors through the Gonstead Seminars, under the direction of doctors who personally trained with Dr. Gonstead.



Dr. C.S. Gonstead

"FIND THE SUBLUXATION, ACCEPT IT WHERE YOU FIND IT, CORRECT IT, AND THEN LEAVE IT ALONE"
— DR. CLARENCE S. GONSTEAD

WE ARE PROUD TO OFFER

- SPECIFIC GONSTEAD CHIROPRACTIC CARE
- NUTRITIONAL ANALYSIS AND NUTRITIONAL COUNSELING
- HIGH QUALITY NON-SYNTHETIC NUTRITIONAL SUPPLEMENTS
- DOCTOR SUPERVISED MASSAGE THERAPY
- CUSTOM EXERCISE RECOMMENDATIONS
- WELLNESS AND FAMILY HEALTH COUNSELING

KOELLING FAMILY CHIROPRACTIC

605 NICHOLS STREET
FULTON, MISSOURI 65251

PH: 573.642.(CARE) 2273
FAX: 573.642.1900

DOC@DRBRYCE.COM
WWW.DRBRYCE.COM



KOELLING FAMILY CHIROPRACTIC

WHERE POTENTIAL COMES TO LIFE!



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GONSTEAD CHIROPRACTOR

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SPECIFIC GONSTEAD CHIROPRACTIC

The Gonstead system is a specialty field within chiropractic. Gonstead has been tested over time, proving it to be the ultimate in chiropractic. Dr. Bryce chose to specialize in Gonstead because he would not settle for second best, and neither should you.

Your body has the God given ability to heal itself when the nerves are functioning properly. A subluxation is a bone out of place pinching a nerve. This causes that nerve to malfunction. When the nerve does not work properly, your health is compromised.

The Gonstead system prides itself in correcting the cause of your health problem. We do not merely cover up symptoms. The Gonstead spinal adjustments are extremely specific. These adjustments remove the nerve interference allowing your body to heal itself and return to a state of good health. There are no gimmicks, no therapies, and no extra expense to you or to your insurance company.

We help you, the patient, to achieve wellness as quickly and inexpensively as possible. In doing so, we know you will be encouraged to refer your friends and family to our office for their health concerns. We thank you in advance for your trust and your support.

GONSTEAD: SETTING A GOLD STANDARD

Full Spine X-rays: As chiropractors, we evaluate structure to function, which means we must examine the whole spine to see how the parts function together. Full spine x-rays are the only way to get an accurate count of the vertebra in your spine. With the Gonstead system, we want to be specific. Remember, as Gonstead chiropractors, we correct causes, not just cover up symptoms. We do not want to miss the true cause of your health problem.



Nerve-o-scope:

The Gonstead doctor uses this instrument each visit to help locate nerve pressure and irritation. Each nerve corresponds to specific parts of your body. The nerve-o-scope helps us to be more specific and help evaluate your progress.

Palpation:

A bone in its proper position has a smooth gliding motion. When it is out of its home position the joint will have restricted motion. As your chiropractor, we also palpate for muscle spasms, swelling (edema), and trigger points, all which help us to determine the severity and progress of your case.

DR. BRYCE KOELLING GONSTEAD CHIROPRACTOR

Dr. Bryce Koelling began his studies at the University of Sioux Falls in Sioux Falls, South Dakota where he earned his Bachelors of Science in Exercise Physiology. After completing his undergraduate studies, he enthusiastically pursued his Doctor of Chiropractic (D.C.) degree from Palmer College of Chiropractic in Davenport, Iowa. While at Palmer, Dr. Bryce became interested in the Gonstead System of caring for the spine. He has spent time working with several chiropractors who have practiced the Gonstead System for many years. Dr. Bryce has completed over 250 hours of post-graduate study with the Gonstead Seminars in Mt. Horeb, Wisconsin. While at Palmer, he was also a teaching intern for the Palmer College of Chiropractic Technique Department, was on the Academic Dean's List, and was an officer of the Palmer Gonstead Technique Club.

Dr. Bryce has served on the Board of Directors for the Callaway County Chamber of Commerce and SERVE, Inc. and is also a former member of the Fulton Kiwanis Club. Dr. Bryce and his wife Zoe have 4 children, and are members of Concord Baptist Church in Jefferson City, MO. Dr. Bryce is also a member of the Gonstead Clinical Studies Society, International Gonstead Society, International Chiropractic Association, Missouri State Chiropractic Association, Palmer College Alumni Association, Christian Chiropractors Association, and the National Federation of Independent Businesses.

